

Salmonellosis



Infectious Disease
Epidemiology &
Prevention Division

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What is Salmonellosis?

Salmonellosis is a diarrheal illness caused by the bacteria *Salmonella*. The bacteria typically lives in animal intestines and are present in their stool (poop). Humans become infected most often through consuming water or food contaminated with the bacteria.



Why do I need to stay home?

- To protect vulnerable populations from getting sick
- Resting at home allows your body to recover faster
- *Salmonella* is contagious and can spread easily from person to person without proper handwashing

If you work in or visit a high-risk setting, extra exclusions may apply



Food service

Indiana code requires the patient to be excluded from employment involving food handling until the following have been met:

- Symptoms stop for more than 24 hours **and**
- One of the following has occurred:
 - Two consecutive stool samples are negative for *Salmonella* at least 24 hours apart and at least 48 hours after completion of treatment **or**
 - Symptom free for at least 30 days **or**
 - If no symptoms developed, 30 days have passed since being diagnosed with the illness



Childcare/school attendee and healthcare and long-term care facilities

Indiana code requires the following before returning to work or attending school/childcare:

- Staying home until symptoms stop for more than 24 hours **and**
- Receiving education on how to prevent this illness at home, work, or school



Aquatic venues (e.g., swimming pools, whirlpool spas, wading pools, water parks, interactive fountains, lakes)

Indiana code requires the patient to be excluded from aquatic venues until:

- Symptoms stop for at least 24 hours

For more information, visit the Indiana Department of Health Salmonellosis webpage.

